



2. Schlaubetal-Marathon  
Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Dilling, Daniela

Club: KSC Strausberg  
Number: 631

Course: 42.19 km  
Marathon Lauf

Category:  
Frauen W45

Total time: 4:11:36

Speed: 10.02 km/h  
Running performance: 5:58 min/km

Rank in course/Total: 58 (of 96)  
Rank in course/Women: 7 (of 19)  
Best time in course: 3:27:34

Rank in category: 2(of 3)  
Best time in the category: 4:10:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.00	57:45	5:46	2	1:17	9	10:33	10.00	57:45	5:46	2	1:17	10	
Lap 2	13.60	1:17:26	5:41	1	-	9	14:33	23.60	2:15:11	5:43	2		14	1:18
Lap 3	7.20	49:24	6:51	1	-	7	7:17	30.80	3:04:35	5:59	3		18	2:08
Last lap Finish	11.39	1:07:01	5:53	2	2:22	7	11:39	42.19	4:11:36	5:57	2	1:35	7	44:02