



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Pfennig, Dirk

Club: LTSV Forst 1990 e.V.
Number: 653

Course: 42.19 km
Marathon Lauf

Category:
Männer M60

Total time: 4:18:32

Speed: 9.75 km/h
Running performance: 6:08 min/km

Rank in course/Total: 65 (of 96)

Rank in course/Men: 55 (of 77)

Best time in course: 2:54:19

Rank in category: 2(of 4)

Best time in the category: 3:47:11

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	57:28	5:44	2	6:56	53	16:37	10.00	57:28	5:44	2	6:56	2	0:26
Lap 2	13.60	1:16:18	5:36	2	8:05	50	23:48	23.60	2:13:46	5:40	2	15:01	5	
Lap 3	7.20	49:30	6:52	2	3:35	51	15:47	30.80	3:03:16	5:57	2	18:36	3	8:18
Last lap Finish	11.39	1:15:16	6:36	3	12:45	59	29:29	42.19	4:18:32	6:07	2	31:21	55	1:24:13