



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Lies, Andreas

Club: MSV Tripoint Frankfurt (Oder)
Number: 651

Course: 42.19 km
Marathon Lauf

Category:
Männer M50

Total time: 4:25:36

Speed: 9.53 km/h
Running performance: 6:18 min/km

Rank in course/Total: 71 (of 96)

Rank in course/Men: 58 (of 77)

Best time in course: 2:54:19

Rank in category: 7(of 10)

Best time in the category: 3:36:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	55:40	5:33	5	6:35	41	14:49	10.00	55:40	5:33	6	6:35	33	
Lap 2	13.60	1:13:16	5:23	4	9:31	42	20:46	23.60	2:08:56	5:27	10	16:06	72	
Lap 3	7.20	53:59	7:29	6	11:31	57	20:16	30.80	3:02:55	5:56	9	27:37	74	7:57
Last lap Finish	11.39	1:22:41	7:15	8	23:39	65	36:54	42.19	4:25:36	6:17	7	49:02	58	1:31:17