



2. Schlaubetal-Marathon

Eisenhüttenstadt / 18.10.2008

Detailed evaluation

Heinze, Michael

Club: Beeskow
Number: 389

Course: 21.10 km
Halbmarathon Lauf

Category:
Männer M40

Total time: 1:39:57

Speed: 12.67 km/h
Running performance: 4:44 min/km

Rank in course/Total: 26 (of 122)

Rank in course/Men: 26 (of 97)

Best time in course: 1:19:44

Rank in category: 4(of 16)

Best time in the category: 1:23:01

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.40	47:16	4:32	3	7:24	22	9:08	10.40	47:16	4:32	3	7:24	85	
Last lap Finish	10.70	52:41	4:55	4	9:32	23	11:05	21.10	1:39:57	4:44	4	16:56	26	20:13