



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Ackermann, Martin

Club: Rothenhausen
Number: 4

Course: 42.20 km
Marathon

Category:
Männer M50

Total time: 3:58:04

Speed: 10.64 km/h
Running performance: 5:38 min/km

Rank in course/Total: 31 (of 305)

Rank in course/Men: 31 (of 279)

Best time in course: 3:13:29

Rank in category: 4(of 30)

Best time in the category: 3:35:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	49:50	4:43	2	1:03	14	6:50	10.55	49:50	4:43	27		39	
2. Runde	10.55	56:49	5:23	4	4:29	27	10:31	21.10	1:46:39	5:03	27		39	7:53
3. Runde	10.55	1:02:40	5:56	4	7:51	44	13:42	31.65	2:49:19	5:20	27		33	19:15
Finish	10.55	1:08:45	6:30	10	12:12	59	1:08:13	42.20	3:58:04	5:38	5	42:47	40	2:28:21