



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

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Club: Multisport Darmstadt
 Number: 194

Course: 21.10 km
 Halbmarathon

Category:
 Männer M40

Total time: 2:04:38

Speed: 10.11 km/h
 Running performance: 5:55 min/km

Rank in course/Total: 8 (of 63)

Rank in course/Men: 8 (of 49)

Best time in course: 1:47:01

Rank in category: 2(of 9)

Best time in the category: 1:53:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	58:12	5:30	2	4:44	9	9:19	10.55	58:12	5:30	2	4:44	33	
Finish	10.55	1:06:26	6:17	2	6:31	10	11:34	21.10	2:04:38	5:54	2	11:15	8	17:37