



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Mörth, Sascha

Club: Düsseldorf
 Number: 243

Course: 42.20 km
 Marathon

Category:
 Männer M35

Total time: 3:59:45

Speed: 10.51 km/h
 Running performance: 5:41 min/km

Rank in course/Total: 38 (of 305)

Rank in course/Men: 36 (of 279)

Best time in course: 3:13:29

Rank in category: 8(of 36)

Best time in the category: 3:17:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	57:54	5:29	21	14:26	86	14:54	10.55	57:54	5:29	26		45	6:15
2. Runde	10.55	59:39	5:39	14	13:21	49	13:21	21.10	1:57:33	5:34	26		45	18:47
3. Runde	10.55	1:00:33	5:44	9	11:35	33	11:35	31.65	2:58:06	5:37	26		38	28:02
Finish	10.55	1:01:39	5:50	7	8:47	27	1:01:07	42.20	3:59:45	5:40	8	42:25	46	2:30:02