



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Henke, Thomas

Club: Stuttgart
Number: 159

Course: 42.20 km
Marathon

Category:
Männer M35

Total time: 4:03:24

Speed: 10.35 km/h
Running performance: 5:46 min/km

Rank in course/Total: 45 (of 305)

Rank in course/Men: 43 (of 279)

Best time in course: 3:13:29

Rank in category: 11(of 36)

Best time in the category: 3:17:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men							
1. Runde	10.55	56:18	5:20	15	12:50	59	13:18	10.55	56:18	5:20	29		52	4:39
2. Runde	10.55	57:14	5:25	7	10:56	29	10:56	21.10	1:53:32	5:22	29		52	14:46
3. Runde	10.55	1:01:21	5:48	10	12:23	36	12:23	31.65	2:54:53	5:31	29		45	24:49
Finish	10.55	1:08:31	6:29	12	15:39	58	1:07:59	42.20	4:03:24	5:46	11	46:04	53	2:33:41