



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Kegler, Lars

Club: LG Burgstädt
Number: 182

Course: 42.20 km
Marathon

Category:
Männer M20

Total time: 4:06:03

Speed: 10.24 km/h
Running performance: 5:50 min/km

Rank in course/Total: 48 (of 305)

Rank in course/Men: 46 (of 279)

Best time in course: 3:13:29

Rank in category: 4(of 18)

Best time in the category: 3:42:16

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Cat.	Men			Men	km	
1. Runde	10.55	56:21	5:20	7	10:31	61	13:21	10.55	56:21	5:20	13		55	4:42
2. Runde	10.55	59:52	5:40	4	6:55	50	13:34	21.10	1:56:13	5:30	13		55	17:27
3. Runde	10.55	1:03:00	5:58	5	7:41	47	14:02	31.65	2:59:13	5:39	5		48	29:09
Finish	10.55	1:06:50	6:20	5	1:06:18	45	1:06:18	42.20	4:06:03	5:49	7	2:36:20	56	2:36:20