



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Günsch, Lars

Club: Sc impuls erfurt
Number: 436

Course: 42.20 km
Marathon

Category:
Männer M35

Total time: 4:06:15

Speed: 10.28 km/h
Running performance: 5:50 min/km

Rank in course/Total: 49 (of 305)

Rank in course/Men: 47 (of 279)

Best time in course: 3:13:29

Rank in category: 12(of 36)

Best time in the category: 3:17:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	56:12	5:19	13	12:44	53	13:12	10.55	56:12	5:19	30		8	4:33
2. Runde	10.55	1:01:19	5:48	16	15:01	65	15:01	21.10	1:57:31	5:34	30		56	18:45
3. Runde	10.55	1:03:51	6:03	14	14:53	56	14:53	31.65	3:01:22	5:43	30		49	31:18
Finish	10.55	1:04:53	6:09	8	12:01	36	1:04:21	42.20	4:06:15	5:50	12	48:55	57	2:36:32