



# 7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

## Detailed evaluation

**Jürries, Uwe**

Club: LT Hengsteysee  
Number: 175

Course: 42.20 km  
Marathon

Category:  
Männer M50

Total time: 4:08:13

Speed: 10.15 km/h  
Running performance: 5:53 min/km

Rank in course/Total: 51 (of 305)

Rank in course/Men: 49 (of 279)

Best time in course: 3:13:29

Rank in category: 6(of 30)

Best time in the category: 3:35:15

### Intermediate times

### Stage score

### Total ranking

| Control  | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total       |               | Pos<br>Cat. | Behind<br>Cat. | Total ranking   |            |               |
|----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-------------|----------------|-----------------|------------|---------------|
|          |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km | Total<br>Time |             |                | Total<br>min/km | Pos<br>Men | Behind<br>Men |
| 1. Runde | 10.55       | 57:26         | 5:26            | 6           | 8:39           | 75          | 14:26         | 10.55       | 57:26         | 5:26        | 25             |                 | 41         | 5:47          |
| 2. Runde | 10.55       | 1:00:30       | 5:44            | 5           | 8:10           | 57          | 14:12         | 21.10       | 1:57:56       | 5:35        | 25             |                 | 58         | 19:10         |
| 3. Runde | 10.55       | 1:03:45       | 6:02            | 6           | 8:56           | 53          | 14:47         | 31.65       | 3:01:41       | 5:44        | 25             |                 | 51         | 31:37         |
| Finish   | 10.55       | 1:06:32       | 6:18            | 4           | 9:59           | 44          | 1:06:00       | 42.20       | 4:08:13       | 5:52        | 7              | 52:56           | 59         | 2:38:30       |