



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

König, Lars

Club: Tus Neukölln Berlin
Number: 208

Course: 42.20 km
Marathon

Category:
Männer M35

Total time: 4:09:01

Speed: 10.12 km/h
Running performance: 5:54 min/km

Rank in course/Total: 54 (of 305)

Rank in course/Men: 52 (of 279)

Best time in course: 3:13:29

Rank in category: 14(of 36)

Best time in the category: 3:17:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	50:36	4:47	4	7:08	17	7:36	10.55	50:36	4:47	32		61	
2. Runde	10.55	58:32	5:32	9	12:14	36	12:14	21.10	1:49:08	5:10	32		61	10:22
3. Runde	10.55	1:06:03	6:15	15	17:05	67	17:05	31.65	2:55:11	5:32	32		54	25:07
Finish	10.55	1:13:50	6:59	15	20:58	85	1:13:18	42.20	4:09:01	5:54	14	51:41	62	2:39:18