



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Rößler, Rex

Club: Volkssportler
Number: 304

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 4:12:31

Speed: 10.03 km/h
Running performance: 5:59 min/km

Rank in course/Total: 57 (of 305)

Rank in course/Men: 55 (of 279)

Best time in course: 3:13:29

Rank in category: 16(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	56:13	5:19	14	12:00	55	13:13	10.55	56:13	5:19	46		67	4:34
2. Runde	10.55	1:01:18	5:48	17	11:07	64	15:00	21.10	1:57:31	5:34	46		56	18:45
3. Runde	10.55	1:03:27	6:00	15	10:12	50	14:29	31.65	3:00:58	5:43	36		58	30:54
Finish	10.55	1:11:33	6:46	20	1:10:53	70	1:11:01	42.20	4:12:31	5:59	19	57:24	68	2:42:48