



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Pohle, Hans-Joachim

Club: LG Vetschau
Number: 281

Course: 42.20 km
Marathon

Category:
Männer M50

Total time: 4:14:57

Speed: 9.88 km/h
Running performance: 6:02 min/km

Rank in course/Total: 61 (of 305)

Rank in course/Men: 59 (of 279)

Best time in course: 3:13:29

Rank in category: 7(of 30)

Best time in the category: 3:35:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind		
						Pos Men	Behind Men	km	Time			Pos Men	Behind Men	
1. Runde	10.55	58:51	5:34	9	10:04	100	15:51	10.55	58:51	5:34	24		71	7:12
2. Runde	10.55	1:01:37	5:50	7	9:17	69	15:19	21.10	2:00:28	5:42	24		70	21:42
3. Runde	10.55	1:06:04	6:15	7	11:15	68	17:06	31.65	3:06:32	5:53	24		62	36:28
Finish	10.55	1:08:25	6:29	9	11:52	57	1:07:53	42.20	4:14:57	6:02	8	59:40	72	2:45:14