



7. Unter-Tage Sparkassen Marathon  
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Eckardt, Thomas

Club: SG Bodenrode/Westhausen  
 Number: 85

Course: 42.20 km  
 Marathon

Category:  
 Männer M20

Total time: 4:29:06

Speed: 9.41 km/h  
 Running performance: 6:23 min/km

Rank in course/Total: 91 (of 305)

Rank in course/Men: 88 (of 279)

Best time in course: 3:13:29

Rank in category: 8(of 18)

Best time in the category: 3:42:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	57:06	5:24	9	11:16	69	14:06	10.55	57:06	5:24	9	0:13	102	5:27
2. Runde	10.55	1:00:57	5:46	5	8:00	58	14:39	21.10	1:58:03	5:35	9		101	19:17
3. Runde	10.55	1:11:20	6:45	7	16:01	104	22:22	31.65	3:09:23	5:59	9		91	39:19
Finish	10.55	1:19:43	7:33	10	1:19:11	125	1:19:11	42.20	4:29:06	6:22	11	2:59:23	103	2:59:23