



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Schietzel, Heiko

Club: LOST BOYS Priestewitz
Number: 310

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 4:32:18

Speed: 9.30 km/h
Running performance: 6:27 min/km

Rank in course/Total: 96 (of 305)

Rank in course/Men: 93 (of 279)

Best time in course: 3:13:29

Rank in category: 25(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:03:01	5:58	37	18:48	145	20:01	10.55	1:03:01	5:58	62		107	11:22
2. Runde	10.55	1:05:38	6:13	29	15:27	107	19:20	21.10	2:08:39	6:05	62		106	29:53
3. Runde	10.55	1:08:48	6:31	24	15:33	85	19:50	31.65	3:17:27	6:14	52		96	47:23
Finish	10.55	1:14:51	7:05	29	1:14:11	92	1:14:19	42.20	4:32:18	6:27	29	1:17:11	108	3:02:35