



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Spittler, Matthias

Club: Kenias allerletzte Reserve
 Number: 361

Course: 21.10 km
 Halbmarathon

Category:
 Männer M40

Total time: 2:10:40

Speed: 9.64 km/h
 Running performance: 6:11 min/km

Rank in course/Total: 16 (of 63)

Rank in course/Men: 16 (of 49)

Best time in course: 1:47:01

Rank in category: 4(of 9)

Best time in the category: 1:53:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
1. Runde	10.55	58:24	5:32	3	4:56	10	9:31	10.55	58:24	5:32	4	4:56	40		
Finish	10.55	1:12:16	6:50	4	12:21	17	17:24	21.10	2:10:40	6:11	4	17:17	16	23:39	