



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Deutschländer, Erik

Club: LT-Langelsheim
Number: 78

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 4:37:09

Speed: 9.09 km/h
Running performance: 6:34 min/km

Rank in course/Total: 105 (of 305)

Rank in course/Men: 102 (of 279)

Best time in course: 3:13:29

Rank in category: 29(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
1. Runde	10.55	1:04:23	6:06	43	20:10	154	21:23	10.55	1:04:23	6:06	58		117	12:44
2. Runde	10.55	1:06:46	6:19	34	16:35	118	20:28	21.10	2:11:09	6:12	58		116	32:23
3. Runde	10.55	1:08:34	6:29	23	15:19	83	19:36	31.65	3:19:43	6:18	57		105	49:39
Finish	10.55	1:17:26	7:20	32	1:16:46	108	1:16:54	42.20	4:37:09	6:34	33	1:22:02	118	3:07:26