



7. Unter-Tage Sparkassen Marathon  
Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Süsser, Kurt

Club: Team Bittel  
Number: 373

Course: 42.20 km  
Marathon

Category:  
Männer M40

Total time: 4:38:21

Speed: 9.05 km/h  
Running performance: 6:36 min/km

Rank in course/Total: 109 (of 305)

Rank in course/Men: 106 (of 279)

Best time in course: 3:13:29

Rank in category: 30(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Total ranking		
						Pos Men	Behind Men					Pos Men	Behind Men	
1. Runde	10.55	1:00:38	5:44	30	16:25	112	17:38	10.55	1:00:38	5:44	57		121	8:59
2. Runde	10.55	1:07:39	6:24	37	17:28	123	21:21	21.10	2:08:17	6:04	57		120	29:31
3. Runde	10.55	1:10:56	6:43	28	17:41	98	21:58	31.65	3:19:13	6:17	56		109	49:09
Finish	10.55	1:19:08	7:30	35	1:18:28	119	1:18:36	42.20	4:38:21	6:35	34	1:23:14	122	3:08:38