



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Oettle, Thorsten

Club: RLT Rodgau
Number: 258

Course: 42.20 km
Marathon

Category:
Männer M30

Total time: 4:38:39

Speed: 9.04 km/h
Running performance: 6:36 min/km

Rank in course/Total: 110 (of 305)

Rank in course/Men: 107 (of 279)

Best time in course: 3:13:29

Rank in category: 14(of 29)

Best time in the category: 3:37:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men							
1. Runde	10.55	57:04	5:24	10	10:37	68	14:04	10.55	57:04	5:24	15		122	5:25
2. Runde	10.55	1:03:18	5:59	12	12:02	89	17:00	21.10	2:00:22	5:42	15		121	21:36
3. Runde	10.55	1:13:13	6:56	15	18:35	126	24:15	31.65	3:13:35	6:06	1	-	110	43:31
Finish	10.55	1:25:04	8:03	14	28:20	178	1:24:32	42.20	4:38:39	6:36	16	1:01:37	123	3:08:56