



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Hahn, Raimund

Club: RSG Herne
Number: 135

Course: 42.20 km
Marathon

Category:
Männer M50

Total time: 4:39:08

Speed: 9.03 km/h
Running performance: 6:37 min/km

Rank in course/Total: 113 (of 305)

Rank in course/Men: 110 (of 279)

Best time in course: 3:13:29

Rank in category: 14(of 30)

Best time in the category: 3:35:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
1. Runde	10.55	1:01:55	5:52	12	13:08	124	18:55	10.55	1:01:55	5:52	17		125	10:16
2. Runde	10.55	1:06:11	6:16	11	13:51	114	19:53	21.10	2:08:06	6:04	17		124	29:20
3. Runde	10.55	1:10:56	6:43	14	16:07	98	21:58	31.65	3:19:02	6:17	17		113	48:58
Finish	10.55	1:20:06	7:35	19	23:33	129	1:19:34	42.20	4:39:08	6:36	15	1:23:51	126	3:09:25