



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Schindler, Michael

Club: Tv Helmbrechts
Number: 313

Course: 42.20 km
Marathon

Category:
Männer M35

Total time: 4:41:19

Speed: 8.96 km/h
Running performance: 6:40 min/km

Rank in course/Total: 116 (of 305)

Rank in course/Men: 113 (of 279)

Best time in course: 3:13:29

Rank in category: 21(of 36)

Best time in the category: 3:17:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking		Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men				Pos Men	Behind Men				
1. Runde	10.55	57:23	5:26	19	13:55	74	14:23	10.55	57:23	5:26	3				129	5:44
2. Runde	10.55	1:03:02	5:58	20	16:44	88	16:44	21.10	2:00:25	5:42	3				128	21:39
3. Runde	10.55	1:13:37	6:58	23	24:39	131	24:39	31.65	3:14:02	6:07	3				116	43:58
Finish	10.55	1:27:17	8:16	30	34:25	196	1:26:45	42.20	4:41:19	6:39	21	1:23:59			130	3:11:36