



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Kurt, Tobias

Club: TeamFangt das Gnu
Number: 204

Course: 42.20 km
Marathon

Category:
Männer M30

Total time: 4:41:35

Speed: 8.99 km/h
Running performance: 6:40 min/km

Rank in course/Total: 117 (of 305)

Rank in course/Men: 114 (of 279)

Best time in course: 3:13:29

Rank in category: 15(of 29)

Best time in the category: 3:37:02

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	58:03	5:30	13	11:36	89	15:03	10.55	58:03	5:30	14		130	6:24
2. Runde	10.55	1:04:52	6:08	13	13:36	103	18:34	21.10	2:02:55	5:49	14		129	24:09
3. Runde	10.55	1:12:32	6:52	14	17:54	116	23:34	31.65	3:15:27	6:10	14	1:52	117	45:23
Finish	10.55	1:26:08	8:09	18	29:24	186	1:25:36	42.20	4:41:35	6:40	17	1:04:33	131	3:11:52