



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Kivwior, Jan

Club: Augsburg
Number: 19

Course: 42.20 km
Marathon

Category:
Männer M50

Total time: 4:41:59

Speed: 8.94 km/h
Running performance: 6:41 min/km

Rank in course/Total: 118 (of 305)

Rank in course/Men: 115 (of 279)

Best time in course: 3:13:29

Rank in category: 15(of 30)

Best time in the category: 3:35:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:02:10	5:53	15	13:23	130	19:10	10.55	1:02:10	5:53	1	-	131	10:31
2. Runde	10.55	1:07:45	6:25	14	15:25	124	21:27	21.10	2:09:55	6:09	1	-	130	31:09
3. Runde	10.55	1:15:47	7:10	19	20:58	149	26:49	31.65	3:25:42	6:29	1	-	118	55:38
Finish	10.55	1:16:17	7:13	16	19:44	96	1:15:45	42.20	4:41:59	6:40	16	1:26:42	132	3:12:16