



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Eschholz, Helmut

Club: Belzig
Number: 94

Course: 42.20 km
Marathon

Category:
Männer M50

Total time: 4:43:01

Speed: 8.95 km/h
Running performance: 6:43 min/km

Rank in course/Total: 122 (of 305)

Rank in course/Men: 118 (of 279)

Best time in course: 3:13:29

Rank in category: 16(of 30)

Best time in the category: 3:35:15

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
1. Runde	10.55	57:57	5:29	7	9:10	87	14:57	10.55	57:57	5:29	15		134	6:18
2. Runde	10.55	1:02:47	5:57	9	10:27	84	16:29	21.10	2:00:44	5:43	15		133	21:58
3. Runde	10.55	1:08:33	6:29	12	13:44	82	19:35	31.65	3:09:17	5:58	15		121	39:13
Finish	10.55	1:33:44	8:53	29	37:11	233	1:33:12	42.20	4:43:01	6:42	17	1:27:44	135	3:13:18