



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Eller, Thomas

Club: TV Altendorf-Ersdorf
Number: 93

Course: 42.20 km
Marathon

Category:
Männer M45

Total time: 4:43:36

Speed: 8.89 km/h
Running performance: 6:43 min/km

Rank in course/Total: 125 (of 305)

Rank in course/Men: 121 (of 279)

Best time in course: 3:13:29

Rank in category: 21(of 61)

Best time in the category: 3:13:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:02:25	5:54	24	13:30	133	19:25	10.55	1:02:25	5:54	55	3:50	137	10:46
2. Runde	10.55	1:08:38	6:30	27	21:31	140	22:20	21.10	2:11:03	6:12	55	4:40	136	32:17
3. Runde	10.55	1:13:53	7:00	23	22:35	135	24:55	31.65	3:24:56	6:28	52	0:55	124	54:52
Finish	10.55	1:18:40	7:27	18	1:16:44	117	1:18:08	42.20	4:43:36	6:43	24	1:30:07	138	3:13:53