



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Heyl, Peter

Club: Köln
 Number: 150

Course: 42.20 km
 Marathon

Category:
 Männer M40

Total time: 4:44:52

Speed: 8.85 km/h
 Running performance: 6:45 min/km

Rank in course/Total: 128 (of 305)

Rank in course/Men: 124 (of 279)

Best time in course: 3:13:29

Rank in category: 34(of 71)

Best time in the category: 3:26:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:09:42	6:36	65	25:29	236	26:42	10.55	1:09:42	6:36	17	1:13	140	18:03
2. Runde	10.55	1:14:58	7:06	57	24:47	209	28:40	21.10	2:24:40	6:51	17	8:24	139	45:54
3. Runde	10.55	1:13:05	6:55	36	19:50	123	24:07	31.65	3:37:45	6:52	27	4:57	127	1:07:41
Finish	10.55	1:07:07	6:21	16	1:06:27	48	1:06:35	42.20	4:44:52	6:45	38	1:29:45	141	3:15:09