



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

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Club: Laufftreff Altdorf
 Number: 274

Course: 42.20 km
 Marathon

Category:
 Männer M40

Total time: 4:45:57

Speed: 8.81 km/h
 Running performance: 6:47 min/km

Rank in course/Total: 131 (of 305)

Rank in course/Men: 127 (of 279)

Best time in course: 3:13:29

Rank in category: 35(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking			
						Pos Men	Behind Men				Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:04:15	6:05	41	20:02	151	21:15	10.55	1:04:15	6:05	16		143	12:36
2. Runde	10.55	1:09:33	6:35	43	19:22	149	23:15	21.10	2:13:48	6:20	16		142	35:02
3. Runde	10.55	1:12:54	6:54	34	19:39	118	23:56	31.65	3:26:42	6:31	17		130	56:38
Finish	10.55	1:19:15	7:30	38	1:18:35	123	1:18:43	42.20	4:45:57	6:46	39	1:30:50	144	3:16:14