



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Stretz, Friedwald

Club: Freaky Friday Runners Bamberg
Number: 367

Course: 42.20 km
Marathon

Category:
Männer M45

Total time: 4:46:02

Speed: 8.81 km/h
Running performance: 6:47 min/km

Rank in course/Total: 132 (of 305)

Rank in course/Men: 128 (of 279)

Best time in course: 3:13:29

Rank in category: 23(of 61)

Best time in the category: 3:13:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	55:16	5:14	6	6:21	45	12:16	10.55	55:16	5:14	57		144	3:37
2. Runde	10.55	1:02:32	5:55	13	15:25	78	16:14	21.10	1:57:48	5:34	57		143	19:02
3. Runde	10.55	1:17:08	7:18	29	25:50	164	28:10	31.65	3:14:56	6:09	54		131	44:52
Finish	10.55	1:31:06	8:38	41	1:29:10	218	1:30:34	42.20	4:46:02	6:46	26	1:32:33	145	3:16:19