



# 7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

## Detailed evaluation

**Heym, Matthias**

Club: Neubiberg  
Number: 151

Course: 42.20 km  
Marathon

Category:  
Männer M20

Total time: 4:47:58

Speed: 8.75 km/h  
Running performance: 6:49 min/km

Rank in course/Total: 136 (of 305)

Rank in course/Men: 132 (of 279)

Best time in course: 3:13:29

Rank in category: 9(of 18)

Best time in the category: 3:42:16

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	59:22	5:37	11	13:32	103	16:22	10.55	59:22	5:37	8	2:29	148	7:43
2. Runde	10.55	1:07:34	6:24	11	14:37	122	21:16	21.10	2:06:56	6:00	8	8:29	147	28:10
3. Runde	10.55	1:16:36	7:15	14	21:17	159	27:38	31.65	3:23:32	6:25	10	1:40	135	53:28
Finish	10.55	1:24:26	8:00	13	1:23:54	168	1:23:54	42.20	4:47:58	6:49	12	3:18:15	149	3:18:15