



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Reinhard-Miltz, Gerhard

Club: Kreuzlingen/ CH
Number: 290

Course: 42.20 km
Marathon

Category:
Männer M50

Total time: 4:50:36

Speed: 8.67 km/h
Running performance: 6:53 min/km

Rank in course/Total: 146 (of 305)

Rank in course/Men: 141 (of 279)

Best time in course: 3:13:29

Rank in category: 19(of 30)

Best time in the category: 3:35:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
1. Runde	10.55	1:04:57	6:09	20	16:10	162	21:57	10.55	1:04:57	6:09	12	2:47	157	13:18
2. Runde	10.55	1:11:10	6:44	20	18:50	175	24:52	21.10	2:16:07	6:27	12	6:12	156	37:21
3. Runde	10.55	1:12:47	6:53	16	17:58	117	23:49	31.65	3:28:54	6:36	12	3:12	144	58:50
Finish	10.55	1:21:42	7:44	21	25:09	143	1:21:10	42.20	4:50:36	6:53	20	1:35:19	158	3:20:53