



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Grimm, Steffen

Club: Laufwerk Mosbach
Number: 126

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 4:51:12

Speed: 8.65 km/h
Running performance: 6:54 min/km

Rank in course/Total: 151 (of 305)

Rank in course/Men: 146 (of 279)

Best time in course: 3:13:29

Rank in category: 40(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:08:26	6:29	61	24:13	222	25:26	10.55	1:08:26	6:29	11		162	16:47
2. Runde	10.55	1:07:48	6:25	39	17:37	127	21:30	21.10	2:16:14	6:27	11		161	37:28
3. Runde	10.55	1:14:37	7:04	41	21:22	141	25:39	31.65	3:30:51	6:39	12		149	1:00:47
Finish	10.55	1:20:21	7:36	40	1:19:41	131	1:19:49	42.20	4:51:12	6:54	44	1:36:05	162	3:21:29