



7. Unter-Tage Sparkassen Marathon  
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Wilde, Wolfgang

Club: Havelwolf  
 Number: 421

Course: 42.20 km  
 Marathon

Category:  
 Männer M55

Total time: 4:51:41

Speed: 8.64 km/h  
 Running performance: 6:55 min/km

Rank in course/Total: 154 (of 305)

Rank in course/Men: 149 (of 279)

Best time in course: 3:13:29

Rank in category: 10(of 27)

Best time in the category: 3:14:53

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
1. Runde	10.55	1:05:54	6:14	10	22:54	179	22:54	10.55	1:05:54	6:14	16		14	14:15
2. Runde	10.55	1:13:31	6:58	13	26:43	197	27:13	21.10	2:19:25	6:36	16	0:23	164	40:39
3. Runde	10.55	1:14:19	7:02	7	24:12	136	25:21	31.65	3:33:44	6:45	16		152	1:03:40
Finish	10.55	1:17:57	7:23	7	22:59	111	1:17:25	42.20	4:51:41	6:54	13	1:36:48	166	3:21:58