



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Eilers, Michael

Club: TSV Rethen
Number: 91

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 4:52:34

Speed: 8.61 km/h
Running performance: 6:56 min/km

Rank in course/Total: 155 (of 305)

Rank in course/Men: 150 (of 279)

Best time in course: 3:13:29

Rank in category: 42(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:04:27	6:06	44	20:14	156	21:27	10.55	1:04:27	6:06	9		166	12:48
2. Runde	10.55	1:11:32	6:46	50	21:21	177	25:14	21.10	2:15:59	6:26	9		165	37:13
3. Runde	10.55	1:16:49	7:16	45	23:34	160	27:51	31.65	3:32:48	6:43	1	-	153	1:02:44
Finish	10.55	1:19:46	7:33	39	1:19:06	126	1:19:14	42.20	4:52:34	6:55	46	1:37:27	167	3:22:51