



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Baering, Dennis

Club: Diepholz
Number: 16

Course: 42.20 km
Marathon

Category:
Männer M20

Total time: 4:58:52

Speed: 8.43 km/h
Running performance: 7:05 min/km

Rank in course/Total: 172 (of 305)

Rank in course/Men: 166 (of 279)

Best time in course: 3:13:29

Rank in category: 13(of 18)

Best time in the category: 3:42:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:05:28	6:12	13	19:38	167	22:28	10.55	1:05:28	6:12	4	8:35	182	13:49
2. Runde	10.55	1:12:31	6:52	17	19:34	186	26:13	21.10	2:17:59	6:32	4	19:32	181	39:13
3. Runde	10.55	1:16:27	7:14	13	21:08	156	27:29	31.65	3:34:26	6:46	14	12:34	169	1:04:22
Finish	10.55	1:24:26	8:00	13	1:23:54	168	1:23:54	42.20	4:58:52	7:04	16	3:29:09	183	3:29:09