



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Frenzel, Andreas

Club: SSV 91 Brand-Erbisdorf
Number: 104

Course: 42.20 km
Marathon

Category:
Männer M20

Total time: 5:00:24

Speed: 8.39 km/h
Running performance: 7:07 min/km

Rank in course/Total: 178 (of 305)

Rank in course/Men: 171 (of 279)

Best time in course: 3:13:29

Rank in category: 15(of 18)

Best time in the category: 3:42:16

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:01:35	5:50	12	15:45	121	18:35	10.55	1:01:35	5:50	2	4:42	187	9:56
2. Runde	10.55	1:08:19	6:28	12	15:22	137	22:01	21.10	2:09:54	6:09	2	11:27	186	31:08
3. Runde	10.55	1:22:33	7:49	15	27:14	203	33:35	31.65	3:32:27	6:42	16	10:35	174	1:02:23
Finish	10.55	1:27:57	8:20	16	1:27:25	198	1:27:25	42.20	5:00:24	7:07	18	3:30:41	188	3:30:41