



7. Unter-Tage Sparkassen Marathon
Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

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Club: TriFun Hennesee
Number: 286

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 5:00:54

Speed: 8.37 km/h
Running performance: 7:08 min/km

Rank in course/Total: 180 (of 305)

Rank in course/Men: 173 (of 279)

Best time in course: 3:13:29

Rank in category: 49(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:05:47	6:14	49	21:34	174	22:47	10.55	1:05:47	6:14	2		189	14:08
2. Runde	10.55	1:12:16	6:50	52	22:05	182	25:58	21.10	2:18:03	6:32	2	1:47	183	39:17
3. Runde	10.55	1:19:45	7:33	54	26:30	181	30:47	31.65	3:37:48	6:52	3	5:00	176	1:07:44
Finish	10.55	1:23:06	7:52	47	1:22:26	156	1:22:34	42.20	5:00:54	7:07	53	1:45:47	190	3:31:11