



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Rottmann, Rainer

Club: Freaky Friday Runners Bamberg
Number: 301

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 5:02:12

Speed: 8.38 km/h
Running performance: 7:10 min/km

Rank in course/Total: 183 (of 305)

Rank in course/Men: 175 (of 279)

Best time in course: 3:13:29

Rank in category: 50(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:12:13	6:50	68	28:00	260	29:13	10.55	1:12:13	6:50	10	3:44	191	20:34
2. Runde	10.55	1:16:35	7:15	63	26:24	225	30:17	21.10	2:28:48	7:03	10	12:32	190	50:02
3. Runde	10.55	1:16:33	7:15	44	23:18	158	27:35	31.65	3:45:21	7:07	2	12:33	178	1:15:17
Finish	10.55	1:16:51	7:17	31	1:16:11	103	1:16:19	42.20	5:02:12	7:09	54	1:47:05	192	3:32:29