



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Zimmermann, Jörg

Club: Halberstadt
 Number: 431

Course: 42.20 km
 Marathon

Category:
 Männer M40

Total time: 5:03:01

Speed: 8.32 km/h
 Running performance: 7:11 min/km

Rank in course/Total: 185 (of 305)

Rank in course/Men: 177 (of 279)

Best time in course: 3:13:29

Rank in category: 52(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking		Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men				Pos Men	Behind Men				
1. Runde	10.55	1:05:22	6:11	47	21:09	165	22:22	10.55	1:05:22	6:11	35		193	13:43		
2. Runde	10.55	1:14:46	7:05	56	24:35	206	28:28	21.10	2:20:08	6:38	35	3:52	192	41:22		
3. Runde	10.55	1:19:34	7:32	52	26:19	179	30:36	31.65	3:39:42	6:56	34	6:54	180	1:09:38		
Finish	10.55	1:23:19	7:53	48	1:22:39	158	1:22:47	42.20	5:03:01	7:10	56	1:47:54	194	3:33:18		