



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Dolejš, Jan

Club: Klub prátel / CZ
Number: 82

Course: 42.20 km
Marathon

Category:
Männer M55

Total time: 5:03:32

Speed: 8.30 km/h
Running performance: 7:11 min/km

Rank in course/Total: 187 (of 305)

Rank in course/Men: 178 (of 279)

Best time in course: 3:13:29

Rank in category: 12(of 27)

Best time in the category: 3:14:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
1. Runde	10.55	1:05:48	6:14	9	22:48	175	22:48	10.55	1:05:48	6:14	14		194	14:09
2. Runde	10.55	1:13:14	6:56	11	26:26	193	26:56	21.10	2:19:02	6:35	1	-	193	40:16
3. Runde	10.55	1:22:20	7:48	13	32:13	198	33:22	31.65	3:41:22	6:59	14		181	1:11:18
Finish	10.55	1:22:10	7:47	10	27:12	148	1:21:38	42.20	5:03:32	7:11	15	1:48:39	195	3:33:49