



7. Unter-Tage Sparkassen Marathon  
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Dantz, Ines

Club: LG RWE Power  
 Number: 74

Course: 21.10 km  
 Halbmarathon

Category:  
 Frauen W45

Total time: 2:24:54

Speed: 8.74 km/h  
 Running performance: 6:52 min/km

Rank in course/Total: 25 (of 63)  
 Rank in course/Women: 2 (of 14)  
 Best time in course: 2:20:12

Rank in category: 1(of 2)  
 Best time in the category: 2:24:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1. Runde	10.55	1:10:27	6:40	1	-	4	4:59	10.55	1:10:27	6:40	1	-	2	4:59
Finish	10.55	1:14:27	7:03	1	-	1	-	21.10	2:24:54	6:52	1	-	2	4:42