



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Karsupke, Brigitte

Club: Kanu Altenburg
Number: 181

Course: 42.20 km
Marathon

Category:
Frauen W45

Total time: 5:05:32

Speed: 8.25 km/h
Running performance: 7:14 min/km

Rank in course/Total: 192 (of 305)

Rank in course/Women: 11 (of 26)

Best time in course: 3:58:39

Rank in category: 2(of 6)

Best time in the category: 5:01:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
1. Runde	10.55	1:09:19	6:34	3	3:09	14	14:01	10.55	1:09:19	6:34	2	3:09	15	
2. Runde	10.55	1:13:07	6:55	1	-	9	14:30	21.10	2:22:26	6:45	2	1:48	15	
3. Runde	10.55	1:18:05	7:24	1	-	9	17:00	31.65	3:40:31	6:58	2	1:47	15	
Finish	10.55	1:25:01	8:03	4	4:19	14	26:12	42.20	5:05:32	7:14	3	3:35:32	13	3:37:44