



7. Unter-Tage Sparkassen Marathon
 Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Hoffmann, Eckhard

Club: 1. LAV Rostock e.V.
 Number: 157

Course: 42.20 km
 Marathon

Category:
 Männer M50

Total time: 5:06:19

Speed: 8.23 km/h
 Running performance: 7:16 min/km

Rank in course/Total: 194 (of 305)

Rank in course/Men: 183 (of 279)

Best time in course: 3:13:29

Rank in category: 23(of 30)

Best time in the category: 3:35:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
1. Runde	10.55	1:02:09	5:53	14	13:22	129	19:09	10.55	1:02:09	5:53	8		199	10:30
2. Runde	10.55	1:10:32	6:41	19	18:12	164	24:14	21.10	2:12:41	6:17	8	2:46	171	33:55
3. Runde	10.55	1:24:04	7:58	25	29:15	213	35:06	31.65	3:36:45	6:50	8	11:03	186	1:06:41
Finish	10.55	1:29:34	8:29	25	33:01	210	1:29:02	42.20	5:06:19	7:15	24	1:51:02	200	3:36:36