



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Ewert, Dirk

Club: Harley Davidson Bielefeld
Number: 433

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 5:08:05

Speed: 8.18 km/h
Running performance: 7:18 min/km

Rank in course/Total: 199 (of 305)

Rank in course/Men: 188 (of 279)

Best time in course: 3:13:29

Rank in category: 55(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking		Pos Cat.	Behind Cat.	Pos Men	Behind Men
						Pos Men	Behind Men				Pos Men	Behind Men				
1. Runde	10.55	1:07:29	6:23	53	23:16	203	24:29	10.55	1:07:29	6:23	32		204	15:50		
2. Runde	10.55	1:15:20	7:08	60	25:09	214	29:02	21.10	2:22:49	6:46	32	6:33	203	44:03		
3. Runde	10.55	1:22:49	7:50	61	29:34	204	33:51	31.65	3:45:38	7:07	31	12:50	191	1:15:34		
Finish	10.55	1:22:27	7:48	45	1:21:47	150	1:21:55	42.20	5:08:05	7:18	59	1:52:58	205	3:38:22		