



# 7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

## Detailed evaluation

**Ande, Marcus**

Club: Offenburg  
Number: 11

Course: 42.20 km  
Marathon

Category:  
Männer M40

Total time: 5:10:09

Speed: 8.13 km/h  
Running performance: 7:21 min/km

Rank in course/Total: 206 (of 305)

Rank in course/Men: 194 (of 279)

Best time in course: 3:13:29

Rank in category: 56(of 71)

Best time in the category: 3:26:46

### Intermediate times

### Stage score

### Total ranking

| Control  | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total<br>km | Total<br>Time | Total<br>min/km | Total ranking |               | Pos<br>Men | Behind<br>Men |
|----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|---------------|---------------|------------|---------------|
|          |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men |             |               |                 | Pos<br>Men    | Behind<br>Men |            |               |
| 1. Runde | 10.55       | 1:07:11       | 6:22            | 52          | 22:58          | 198         | 24:11         | 10.55       | 1:07:11       | 6:22            | 31            |               | 210        | 15:32         |
| 2. Runde | 10.55       | 1:15:00       | 7:06            | 58          | 24:49          | 211         | 28:42         | 21.10       | 2:22:11       | 6:44            | 31            | 5:55          | 209        | 43:25         |
| 3. Runde | 10.55       | 1:22:27       | 7:48            | 60          | 29:12          | 201         | 33:29         | 31.65       | 3:44:38       | 7:05            | 30            | 11:50         | 197        | 1:14:34       |
| Finish   | 10.55       | 1:25:31       | 8:06            | 52          | 1:24:51        | 183         | 1:24:59       | 42.20       | 5:10:09       | 7:20            | 60            | 1:55:02       | 211        | 3:40:26       |