



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Ande, Marcus

Club: Offenburg
Number: 11

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 5:10:09

Speed: 8.16 km/h
Running performance: 7:21 min/km

Rank in course/Total: 206 (of 305)

Rank in course/Men: 194 (of 279)

Best time in course: 3:13:29

Rank in category: 56(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
1. Runde	10.55	1:07:11	6:22	52	22:58	198	24:11	10.55	1:07:11	6:22	31		210	15:32
2. Runde	10.55	1:15:00	7:06	58	24:49	211	28:42	21.10	2:22:11	6:44	31	5:55	209	43:25
3. Runde	10.55	1:22:27	7:48	60	29:12	201	33:29	31.65	3:44:38	7:05	30	11:50	197	1:14:34
Finish	10.55	1:25:31	8:06	52	1:24:51	183	1:24:59	42.20	5:10:09	7:20	60	1:55:02	211	3:40:26