



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Hottas, Christian

Club: 100 Marathon Club U.K.
Number: 163

Course: 42.20 km
Marathon

Category:
Männer M50

Total time: 5:10:39

Speed: 8.15 km/h
Running performance: 7:22 min/km

Rank in course/Total: 207 (of 305)

Rank in course/Men: 195 (of 279)

Best time in course: 3:13:29

Rank in category: 25(of 30)

Best time in the category: 3:35:15

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
1. Runde	10.55	1:11:17	6:45	30	22:30	253	28:17	10.55	1:11:17	6:45	6	9:07	211	19:38
2. Runde	10.55	1:18:32	7:26	26	26:12	247	32:14	21.10	2:29:49	7:06	6	19:54	210	51:03
3. Runde	10.55	1:19:52	7:34	23	25:03	183	30:54	31.65	3:49:41	7:15	6	23:59	198	1:19:37
Finish	10.55	1:20:58	7:40	20	24:25	137	1:20:26	42.20	5:10:39	7:21	26	1:55:22	212	3:40:56