



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Scheib, Karl

Club: Lt Hemsbach/buschläufer
Number: 308

Course: 42.20 km
Marathon

Category:
Männer M55

Total time: 5:12:40

Speed: 8.06 km/h
Running performance: 7:25 min/km

Rank in course/Total: 210 (of 305)

Rank in course/Men: 197 (of 279)

Best time in course: 3:13:29

Rank in category: 14(of 27)

Best time in the category: 3:14:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Total ranking		Pos Men	Behind Men
						Pos Men	Behind Men				Pos	Behind		
1. Runde	10.55	1:02:46	5:56	7	19:46	141	19:46	10.55	1:02:46	5:56	12		213	11:07
2. Runde	10.55	1:12:23	6:51	10	25:35	184	26:05	21.10	2:15:09	6:24	12		212	36:23
3. Runde	10.55	1:26:43	8:13	19	36:36	230	37:45	31.65	3:41:52	7:00	12	0:10	200	1:11:48
Finish	10.55	1:30:48	8:36	18	35:50	215	1:30:16	42.20	5:12:40	7:24	17	1:57:47	214	3:42:57