



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Schwonburg, Dirk

Club: LC Auensee Leipzig
Number: 344

Course: 42.20 km
Marathon

Category:
Männer M40

Total time: 5:15:09

Speed: 8.00 km/h
Running performance: 7:28 min/km

Rank in course/Total: 213 (of 305)

Rank in course/Men: 200 (of 279)

Best time in course: 3:13:29

Rank in category: 57(of 71)

Best time in the category: 3:26:46

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total km | Total Time | Total min/km | Total ranking | | | |
|----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|---------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | | | | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| 1. Runde | 10.55 | 1:17:23 | 7:20 | 70 | 33:10 | 273 | 34:23 | 10.55 | 1:17:23 | 7:20 | 30 | 8:54 | 216 | 25:44 |
| 2. Runde | 10.55 | 1:19:40 | 7:33 | 68 | 29:29 | 252 | 33:22 | 21.10 | 2:37:03 | 7:26 | 30 | 20:47 | 215 | 58:17 |
| 3. Runde | 10.55 | 1:20:09 | 7:35 | 56 | 26:54 | 185 | 31:11 | 31.65 | 3:57:12 | 7:29 | 29 | 24:24 | 203 | 1:27:08 |
| Finish | 10.55 | 1:17:57 | 7:23 | 34 | 1:17:17 | 111 | 1:17:25 | 42.20 | 5:15:09 | 7:28 | 61 | 2:00:02 | 217 | 3:45:26 |