



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

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Club: SG-Atletik/Sporten Svendborg/ DK
Number: 70

Course: 42.20 km
Marathon

Category:
Männer M45

Total time: 5:15:14

Speed: 8.03 km/h
Running performance: 7:28 min/km

Rank in course/Total: 214 (of 305)

Rank in course/Men: 201 (of 279)

Best time in course: 3:13:29

Rank in category: 38(of 61)

Best time in the category: 3:13:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:06:28	6:18	37	17:33	190	23:28	10.55	1:06:28	6:18	11	7:53	217	14:49
2. Runde	10.55	1:13:32	6:58	40	26:25	198	27:14	21.10	2:20:00	6:38	11	13:37	216	41:14
3. Runde	10.55	1:25:07	8:04	43	33:49	224	36:09	31.65	3:45:07	7:06	10	21:06	204	1:15:03
Finish	10.55	1:30:07	8:32	39	1:28:11	212	1:29:35	42.20	5:15:14	7:28	41	2:01:45	218	3:45:31