



7. Unter-Tage Sparkassen Marathon

Bürgman- Schacht, Sondershausen / 06.12.2008

Detailed evaluation

Göckeritz, Thomas

Club: Leinefelde-Worbis
Number: 132

Course: 42.20 km
Marathon

Category:
Männer M45

Total time: 5:16:50

Speed: 7.95 km/h
Running performance: 7:31 min/km

Rank in course/Total: 221 (of 305)

Rank in course/Men: 206 (of 279)

Best time in course: 3:13:29

Rank in category: 41(of 61)

Best time in the category: 3:13:29

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
1. Runde	10.55	1:06:58	6:20	38	18:03	194	23:58	10.55	1:06:58	6:20	14	8:23	222	15:19
2. Runde	10.55	1:14:25	7:03	41	27:18	202	28:07	21.10	2:21:23	6:42	14	15:00	194	42:37
3. Runde	10.55	1:25:54	8:08	44	34:36	226	36:56	31.65	3:47:17	7:10	13	23:16	209	1:17:13
Finish	10.55	1:29:33	8:29	38	1:27:37	209	1:29:01	42.20	5:16:50	7:30	44	2:03:21	223	3:47:07